

My son, John (age 10), is a very meticulous little boy. Always neat and tidy. Things put in their spots, not liking anything moved or touched. He is also this way in school. He likes his desk spotless and organized.

He started getting really upset or troubled by how other kids act in school. Whether they were using a pencil when they were supposed to be using a pen. Or using crayons when they were suppose to use markers. Not focusing on school work but worrying about other things around him that didn't involve him directly. Focusing on being the "secret police of the classroom" and not focusing on the task assigned. This was beginning to hurt his grades (C/D) and his friendships.

I brought Johnny to see Dr. Johnson early in the school year. After explaining his behavior he suggested I alter his diet. Concentrating on refined sugars and carbs. After weeks of this, I saw some improvement but not enough to satisfy me. So with working with Dr. Johnson and feedback from John's teacher...I asked Dr. Johnson if we could zero in on the possibility that John could have a mild case of O.C.D. and treat Johnny for that.



He was treated for O.C.D. two weeks before conferences. When my husband and I went in to speak with the teacher I casually asked if she had noticed any difference in John's demeanor/classroom behavior. She was happy to say that he had made a tremendous turn around in the last two weeks. Keeping to himself. Grades improving and hardly no classroom behavior reminders. She said she was puzzled but whatever it was was a great improvement. Hearing that, I so wanted to jump and scream for joy.

Since his elimination for O.C.D., I've noticed a huge difference in how he gets along with his younger sister. He is more tolerable and patient with her. Anyone who knows my youngest knows they need nerves of steel. There seems to be more harmony in our house.

I am a true believer of N.A.E.T. and nutritional importance. O.C.D. can be such a debilitating problem for a child. Any medical doctor would of prescribed medication and drugged my child out of behaving the way he was, masking the problem. With Dr. Johnson, he found the solution to the problem. Ending my child's unending fight he was dealing with on a daily basis.

Johnny is now an A/B student. A happy young boy with high self esteem. Making new friends and rebuilding old ones. I am so grateful to Dr. Johnson for helping my son.

Sincerely, The Zaprawa Family Macomb, Michigan